



It is our goal at Hill Country Oral Surgery to help you navigate your surgery as easily and as comfortably as possible. The following instructions are provided to aid and prepare you to safely make it through this process. Please read them and contact us if you have any questions whatsoever.

Instructions for Before Surgery

Consent- If the patient is under the age of 18, then they must be accompanied by their legal guardian. If the patient does not have legal power of attorney, then the person with the power of attorney must be present.

You may not have anything to eat or drink for 8 hours prior to your surgery if you are going to be sedated (IV sedation or general anesthesia). You may take your morning medications with a very small sip of water unless otherwise advised by your doctor.

Transportation- If you are being sedated, you must have a responsible adult 18 years of age or older to give you a ride home and assist you after the surgery. You may not use taxis, public transportation, or ride sharing applications.

Prescriptions- Please pick up your prescriptions and any medications you will need ahead of time, so you can return home right after surgery.

Clothing- Please wear loose fitting clothing with short sleeves, so we can easily place all of the monitors needed for anesthesia. We may also need to remove nail polish if it impedes our monitor.

Personal items- Please remove contact lenses, jewelry (including any oral piercings), and any removable dental appliances such as partials, retainers, and flippers.

Medications- Please take all your normal medications as prescribed with a very small sip of water unless otherwise directed by your surgeon. Do not discontinue blood thinners unless directed by your surgeon. If you have an inhaler, please bring it with you.

Supplies- We will provide you with an ice pack and gauze. You will want to purchase foods for after the surgery ahead of time. Beverages like Sprite and ginger ale can be helpful if you experience any nausea or vomiting. In general soft foods that can be easily cut with the side of a fork are recommended. Pastas, soups, eggs, pudding, and applesauce are all examples of adequate foods.

Payment- Payment is due at the time of surgery. Please be sure to make any special arrangements before the day of surgery in order to prevent delay or cancellation of your surgery.

For answers to additional questions please visit www.hillcountryoralsurgery.com or call (512) 327-7233
